

## **Minutes of the Annual Business Meeting**

## June 8, 2021

# Via Zoom Teleconference (due to the COVID-19 Pandemic and the Virtual Nature of the CPA 2020 Convention)

Attendees: Brigitte Sabourin, Kristi Wright, Kristin Reynolds, Jordana Sommer, Zoe Therrien, Kristin Reynolds, Hugh McCall, Marilee Zaharia, Bailee Malivoire, Stephanie Dagg, Emily Winters, Lily Pankratz, Francine David Engle, Bill MacMurray, Alex Maven, Sheryl Green, Sam Mikail, Tom Spence, Karis Callaway, Marsha Runtz, Serena Thapar, David Dozois, Sol Sandberg, Ryan Hogga, Stephanie Greenham, Marnin Heisel, Caroline Sullivan, Natalie Mota, Claude Engle, Ashley Balson. Elliott Brown (n=30)

Opening of the meeting: 4:17pm EDT

Presentation of 2020-2021 Executive: Dr. Kristi Wright, Chair; Dr. Brigitte Sabourin, Chair-Elect; Dr. Brigitte Sabourin, Acting Secretary Treasurer (position was vacant for 2020-2021); Dr. Zoe Therrien, member-at-large; Ms. Jordana Summer, student representative.

#### 1. Approval of the Agenda

Motion to approve agenda Kristin Reynolds, Sheryl Green (second). Approved.

#### 2. Approval of Minutes of August 6, 2020 ABM

Motion to approve minutes: Brigitte Sabourin; Zoe Therrien (second). Approved.

## 3. Report from the Chair (Kristi Wright)

#### **Section Activities**

The clinical section executive met three times since our last ABM, in the fall, midwinter, and spring by videoconference. A winter 2021 newsletter was circulated, and the Spring 2021 newsletter will be postponed to the Fall 2021; we will be putting out a call to membership for items for this newsletter. Membership was invited to contact the executive if they would like to contribute something to the Fall 2021 newsletter.

The clinical section has continued with some of the existing support to students, including expanding the Ken Bower's Student Research Award to 3 awards this

year, and one Educational Activity Grant (EAG) in 2020 and one in 2021. We also awarded 3 x \$3000 COVID-19 related student research grants and 10 Student Convention Registration Awards.

The Clinical Section executive also oversaw the review process for CPA COVID-19 abstracts, and all abstracts for the CPA 2020 Convention.

**Council of section**: All Chairs of CPA sections meet to ensure that section needs are being met within the larger CPA.

**Special projects**: A small amount of funds (\$5,000) were made available to support research or other special projects that advance the field of clinical psychology in Canada, and that include collaboration among clinical section members from at least 2 different provinces. There were 3 applications for this Grant. Grant applications are currently being reviewed and grant winners will be announced shortly.

Request for consultation from CPA Accreditation Panel for Doctoral and Internship Programmes in Professional Psychology. Members of the section executive and/or section members have been asked for input and/or to participate in a meeting to evaluate the proposed Sixth Revision to their Accreditation Standards. Members are invited to e-mail the current chair, Dr. Wright with any feedback. Sam Mikail suggested that when the executive reviews the standards, they also review the recommendations made at the National Conference on the Future of Professional Psychology Training by CCPPP. Some of the recommendations would likely have implications for the Accreditation Standards.

Stephanie Greenham— chair of the hospital section suggested collaboration between the clinical section and the hospital section in this process. She and Dr. Wright will further discuss.

Marilee Zaharia, training director for a smaller training program in Saskatchewan suggested that sections consider perspectives of smaller centres/ rural programs/ smaller training programs when reviewing the recommendations.

Dr. Wright invited input from the group regarding special projects:

Marnin Heisel informed the group that he had initiated a discussion with the CPA executive regarding forming a new section focusing on suicide prevention. Other members expressed support for this initiative. There was discussion on some of the current role of the CPA Board in the suicide National Collaborative for Suicide Prevention. Drs. Wright and Sabourin will raise this at the Council of Chairs meeting later this month.

Dr. Wright expressed appreciation for the 2 outgoing members of the executive: Dr. Kristin Reynolds and Ms. Jordana Sommer. Both have agreed to remain on the executive in acting roles temporarily (Dr. Reynolds as acting Chair-Elect and Ms. Sommer as acting student representation), until these positions are filled.

Dr. Wright also expressed thanks to Dr. Matilda Nowakowski and Mr. Flint Schwartz for their ongoing work with the newsletter. The Fall 2021 newsletter will contain convention reviews and award winner announcements.

This year's convention submission summary was presented:

- 69 posters
- 2 Conversation sessions
- 2 symposia
- 10 12-minute talks
- 23 Gimme-5
- 2 Pre-convention Professional Development Workshops
- 2 Standard Workshops
- 2 Featured Speakers

Thanks were expressed to the reviewers of this year's convention submissions who completed a total of 400 reviews:

Dr. Lynn Loutzenhiser	Dr. Jill Chorney
Dr. Heather Hadjistavropoulos	Dr. Natasha Gallant
Dr. Nicole Alberts	Dr. Aida Thorisdottir
Dr. Bridget Klest	Dr. Daniel LeBouthillier
Dr. Shadi Beshai	Dr. Kristin Reynolds
Dr. Michelle Gagnon	Dr. Brigitte Sabourin

Dr. Sheryl Green	Dr. Zoe Therrien
Dr. Sara King	Jordana Sommer
Dr. Kristi Wright	Hilary Power

## 4. Report from the Chair-Elect: Brigitte Sabourin

**Ken Bowers award**: The Ken Bowers Award for Student Research was established to honour the enormous contributions of Dr. Ken Bowers to the field of clinical psychology. The award recognizes the most meritorious submission to the Clinical Section of the CPA annual convention by a student member. As mentioned above, 3 students were awarded this year.

This year's award winners are:

- Lily Pankratz
   Prevalence and Predictors of Anxiety Disorder Courses in the Canadian Armed

   Forces
- Hugh McCall
   Exploring the Role of Persuasive Design in Unguided Internet-Delivered Cognitive
   Behavioral Therapy for Depression and Anxiety Among Adults: Systematic
   Review, Meta-analysis, and Meta-regression
- Bailee Malivoire
   Interpersonal dysfunction and treatment outcome in GAD: A systematic review

Student Educational Activity Grant provides funding for students to host educational activities for their peers and community members. There were successful submissions this year (to be announced during the student representative's report).

Scientist practitioner early career award (SPECA). Eligible to members of the clinical section who are early into their careers and who exemplify the integration of the two core domains of clinical psychology: clinical practice and training and psychological science and research. There were no applications this year for the SPECA.

The past 2 winners of the SPECA awards, Dr. Anne Wagner and Dr. Natalie Mota will be presenting at this year's CPA convention. Scheduled talk times were announced.

Award for Clinical Excellence: Award recognizes members of the Clinical Section who have made outstanding contributions to the practice and profession of clinical psychology in Canada. Two awards this year. Dr. Sheryl Green and Dr. Caroline Sullivan.

Clinical Section Fellows: (no applicants this year).

## 5. Report from the Secretary-Treasurer (Brigitte Sabourin)

#### Financial Statement, June 2020 – June 2021

The financial statements for the period Jun 2020- June 2021 were reviewed during the meeting. The Clinical Section continues to be in a solid position financially.

#### Proposed Budget, 2021-2022

The proposed budget for 2021-2022 was reviewed during the meeting.

Membership numbers were presented. Membership numbers are the highest they have been in several years. Student membership in particular has gone up by nearly 100 members over the past year.

Membership type	Count
CPA Complimentary Membership	3
CPA Fellow	38
CPA Honorary Life Fellow	2
CPA Honorary Life Member	2
CPA International Affiliate	8
CPA International Student Affiliate	5
CPA Member	562
CPA Member Early Career Year 1	35
CPA Member Early Career Year 2	27
CPA Retired Fellow	2
CPA Retired Member	3
CPA Special Affiliate	3
CPA Student Affiliate	261
CPA Student Affiliate - Campus/Student Rep	10
CPA/APA Joint Member	4
(blank)	
Grand Total	965

Motion to Accept the report of the Secretary-Treasurer: Brigitte Sabourin; David Dozois (second). Approved

## 6. Report from the Student Representative (Jordana Summer)

The Educational Activity Student Grant Competition

Summer 2020 recipients: Kathleen Stewart, Danielle Uy, Sofija Lavrinsek, & Bev Fredborg (Ryerson University) – "Integrating Post Colonialism and Intersectional Theory into Clinical Practice: A Panel Discussion"

Winter 2021 recipient: Emily Winters (University of Regina) – "Anti-Racism Speaker Series – Anti-Racism 101" (upcoming in Fall 2021)

3 Recipients for the Student COVID-19 Research Grant To support a student-led COVID-19-related research project

- Sarah Petty (University of Manitoba) "Perinatal anxiety and psychological service use in the context of the COVID-19 pandemic"
- Jolie Ho (University of Waterloo) "The impact of COVID-19 on individuals with social anxiety"
- Jordana Sommer (University of Manitoba) "Mental health profiles associated with endorsing COVID-19 as an index trauma"

#### Clinical Section Student Symposium

Title: "Occupational trauma and mental health: A focus on resilience and service utilization"

- Nicolas Brais (University of Manitoba)
- Perceived social support: A protective factor against workplace violence and psychopathologies in paramedics and firefighters
- Hugh McCall (University of Regina)
- Internet-delivered cognitive behavioural therapy is effective among public safety personnel with elevated PTSD symptoms
- Cavan Pollard (University of Ottawa)
- Identifying potential barriers and facilitators to help-seeking among Canadian Armed Forces members who have experienced a moral injury
- Discussant: Dr. Natalie Mota (2020 SPECA winner)

# **Student Convention Registration Awards**

- In place of our best student conference presentation award for virtual convention
- 10 recipients: Hugh McCall, Alyssa Smith, Samantha Carlucci, Juliana Khoury, Nicolas Brais, Emily Panzarella, Bailee Malivoire, Veerpal Bambrah, Chelsea Noel, Jordana Sommer.

# 7. Report from the Past-Chair

executive members for 2021-2022:

Chair: Dr. Brigitte Sabourin

Chair-Elect: TBD

Past Chair: Dr. Kristi Wright

Member-at-Large: Dr. Zoe Therrien

Secretary/ Treasurer: TBD Student Representative: TBD

- Members were reminded of an upcoming Clinical Section Workshop during the 2021 Virtual CPA Convention entitled "Evidence-Based Practice 2.0: The Next Phase of PSY+, a resource for clinicians"
- Members were encouraged to join the executive and for those who have already served on the executive, to encourage some of their more junior colleagues to join the executive.
- **8. Adjournment** Motion to adjourn: (5:11pm EDT)